

APPENDIX M

Infant-Toddler Caregiver Self-Assessment for Cognitive Development

Teacher's Name _____ Children's Age Group _____

Date _____

Instructions: Read each statement and put a check mark in the column that best describes how often you do this.

Infant-Toddler Caregiving Practices for Cognitive Development	Never	Sometimes	Always
0-4 Months			
● I move toys from side to side for babies to follow with their eyes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I respond quickly when babies cry.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I respond to and mirror babies' facial expressions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I use words to describe babies' facial expressions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I provide time for babies to watch what is happening around them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I talk with babies about what they are seeing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4-8 Months			
● I hold babies in my arms and walk around the room so they can see things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I talk to babies as I hold them in my arms.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I sit near babies and talk to them about toys and what they see.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I call babies by their names.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I talk to babies from a distance to reassure them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8-12 Months			
● I help babies focus on things they see and are curious about.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I describe what babies are doing or trying to do.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I respond with joy, interest, and enthusiasm to babies' developmental achievements.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I encourage babies' curiosity and exploration.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I verbally respond to babies' discoveries.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

(continued)

Infant-Toddler Caregiving Practices for Cognitive Development	Never	Sometimes	Always
12-18 Months			
● I provide mobile babies with time and space for movement, exploration, and play.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I encourage and show babies how to express interest in other babies.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I stay near babies and verbally describe what they are doing, what they are trying to do, what their interests are, and what they discover.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I scaffold activities to extend babies' interest, discoveries, and learning.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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18-24 Months			
● I provide predictable routines to help toddlers anticipate daily events.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I provide interesting toys and materials in places toddlers can access on their own.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I scaffold learning opportunities and ask toddlers open-ended questions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I read books to toddlers.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I ask toddlers questions about stories and give them time to think and respond.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Two-Year-Olds			
● I model patience, problem solving, and words for feelings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I encourage and help toddlers solve their own problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I encourage and support toddlers doing things by themselves.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I encourage and support toddlers' interactions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I verbally describe toddlers' thinking, behaviors, and interactions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I verbally describe objects, events, and people's feelings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I verbally count things, name colors, name shapes, and talk about time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I use verbal description to help toddlers learn new concepts.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I describe the characteristics of objects, toys, animals, and nature to help toddlers learn about their world.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>