



# APPENDIX L

## Infant-Toddler Caregiver Self-Assessment for Motor Development

Teacher's Name \_\_\_\_\_ Children's Age Group \_\_\_\_\_

Date \_\_\_\_\_

Instructions: Read each statement and put a check mark in the column that best describes how often you do this.

Infant-Toddler Caregiving Practices for Motor Development	Never	Sometimes	Always
<b>0-4 Months</b>			
● I move babies around and often change their positions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I lie on the floor with babies and look at and play with them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I give babies tummy time and encourage them to raise their heads and look at me, other babies, and toys.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>			
<b>4-8 Months</b>			
● I stay near babies and help them learn to sit alone.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I provide opportunities that encourage batting, reaching, grasping, and other motor skills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I am attentive to babies' need to move and provide safe areas for them to roll around and explore.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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<b>8-12 Months</b>			
● I stay close and encourage babies to crawl, pull up, and walk.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I am patient and attentive to babies' cues when feeding them with spoons.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I give babies time to practice finger-feeding themselves.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I sit with each baby as he eats.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>			
<b>12-18 Months</b>			
● I imitate toddlers' facial expressions and movements.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I sing songs, move to music, and dance with toddlers.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I am patient and give toddlers time to practice taking off and putting on shoes, socks, hats, and clothes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

(continued)

Infant-Toddler Caregiving Practices for Motor Development	Never	Sometimes	Always
<b>18-24 Months</b>			
● I provide safe play materials that help toddlers practice using their fingers to pick up and manipulate objects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I observe and give toddlers encouragement to support the development of new skills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I provide toddlers with walking, climbing, riding, and running opportunities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>			
<b>Two-Year-Olds</b>			
● I provide toddlers with opportunities for quiet activities as well as active experiences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I observe and scaffold toddlers' fine-motor experiences to help them advance in skill.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I am patient and allow time for toddlers to learn and practice how to use spoons and forks to feed themselves.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I am patient and allow time for toddlers to learn and practice how to take off and put on their shoes, socks, and clothes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I am patient and allow time for toddlers to learn and practice how to use the toilet.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I am patient and allow time for toddlers to learn and practice how to wash and dry their hands.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Look at the items you marked "Always" and list these on your Caregiver Professional Development Plan (appendix N) as skills to mentor in others. Look at the items you marked "Never" or "Sometimes" and list these items on your Caregiver Professional Development Plan to learn and practice.