

APPENDIX J

Infant-Toddler Caregiver Self-Assessment for Emotional Development

Teacher's Name _____ Children's Age Group _____

Date _____

Instructions: Read each statement and put a check mark in the column that best describes how often you do this.

Infant-Toddler Caregiving Practices for Emotional Development	Never	Sometimes	Always
0-4 Months			
● I hold and keep babies close.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I watch for and recognize each baby's cues and signals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I respectfully respond to each baby's needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I respond quickly, pick up, hold, and comfort babies when they cry.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4-8 Months			
● I think about and reflect on how each baby expresses emotions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I say aloud to a baby how I think he is feeling.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I respond quickly to calm and soothe a baby when she is upset.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8-12 Months			
● I help and encourage each baby to move around and explore.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I reassure and comfort a frightened baby or one who is afraid to explore the environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12-18 Months			
● I show genuine pride and interest in each child's development, activities, and accomplishments.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I am a secure base for babies as they play and explore.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I understand, respect, and respond to the feelings of each child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18-24 Months			
● I understand, respect, and support each child's attempts to learn self-control and self-regulation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I understand and show patience and respect for each's toddler's developing sense of self.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

(continued)

Infant-Toddler Caregiving Practices for Emotional Development	Never	Sometimes	Always
Two-Year-Olds			
● I verbally give clear and consistent guidelines for each toddler's behavior.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I observe and verbally comment on what a toddler is watching and what he may be thinking.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
● I notice and support each toddler's joy of discovery, enthusiasm for learning, and active play.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Look at the items you marked "Always" and list these on your Caregiver Professional Development Plan (appendix N) as skills to mentor in others. Look at the items you marked "Never" or "Sometimes" and list these items on your Caregiver Professional Development Plan to learn and practice.