



APPENDIX D

Developmental Observation Checklist for 8 to 12 Months

Child's Name _____ Date of Birth ____/____/____

Teacher/Observer _____

| Developmental Milestone | Date Observed | Date Observed | Date Observed | Date Observed |
|--|---------------|---------------|---------------|---------------|
| Smiles at self in mirror or responds playfully | | | | |
| Lifts arms to caregiver to be picked up | | | | |
| Shows anxiety when separated from caregiver | | | | |
| Uses gestures to communicate | | | | |
| Helps with getting dressed | | | | |
| Says "dada" and "mama" but not specifically for mother or father | | | | |
| Uses pincer grasp to pick up small things | | | | |
| Voluntarily releases an object with hand | | | | |
| Shows fear or dislike of certain things or people | | | | |
| Shows a preference for a specific caregiver to meet needs | | | | |
| Begins to show understanding of being separate from others | | | | |
| Cooperates and enjoys simple games | | | | |
| Explores adult facial features | | | | |
| Understands "no" | | | | |
| Holds out a toy to another person but does not let go | | | | |
| Uses a sippy cup | | | | |
| Pulls to stand | | | | |
| Cruises holding on to furniture | | | | |
| Crawls on hands and knees | | | | |
| Uses a caregiver as a secure base to explore the environment | | | | |
| Eats from a spoon | | | | |

Notes: