



## APPENDIX A

### Web-Based Resources

#### Temperament

Center for Early Childhood Mental Health Consultation:  
Infant Toddler Temperament Tool (IT3)

[www.ecmhc.org/temperament](http://www.ecmhc.org/temperament)

The Center for Early Childhood Mental Health Consultation provides an Infant Toddler Temperament Tool for caregivers to use to identify their own temperament characteristics and those of the children in their care. The website describes suggestions based on the individual characteristics of the adult and the child to create effective responses and learning opportunities. These suggestions are designed to help caregivers individualize their approaches, interactions, and experiences for each child.

Complete the IT3 for yourself and for each child in your program. Print the recommended interactions and learning environment strategies. Attach each child's recommendations to the Infant-Toddler Social Studies Activity Observation in appendix H. Use the individualized suggestions on the website to help plan social-studies experiences and other learning opportunities for each child.

#### Developmental Milestones

The Early Childhood Direction Center

[http://ecdc.syr.edu/wp-content/uploads/2013/01/Developmental\\_checklists\\_Updated2012.pdf](http://ecdc.syr.edu/wp-content/uploads/2013/01/Developmental_checklists_Updated2012.pdf)

Printable Developmental Checklists Birth to Five can be found at the Early Childhood Direction Center website.

Pathways.org

<https://pathways.org/topics-of-development/milestones/checklists>

At this website, you'll find printable developmental milestones checklists in both English and Spanish.

US Department of Health and Human Services / Administration for Children and Families

[www.cdc.gov/ncbddd/actearly/pdf/parents\\_pdfs/MilestonesChecklists.pdf](http://www.cdc.gov/ncbddd/actearly/pdf/parents_pdfs/MilestonesChecklists.pdf)

The CDC has printable developmental milestone checklists in English and Spanish that can be used to record children's development. Web-based Interactive Milestones Charts are also available.

## **Encouragement**

National Association for the Education of Young Children

[www.naeyc.org/tyc/article/good-job-alternatives](http://www.naeyc.org/tyc/article/good-job-alternatives)

This article for teachers explains the importance of using encouragement.

PBS Parents

[www.pbs.org/parents/expert-tips-advice/2015/05/difference-praise-encouragement-matters](http://www.pbs.org/parents/expert-tips-advice/2015/05/difference-praise-encouragement-matters)

This article from PBS explains the difference between encouragement and praise and gives suggestions for how to use encouragement.