

# Your “Ready, Set, Go” List

## CLEANLINESS AND SANITATION

- \_\_\_ Are rugs on which children crawl and play clean and hazard-free?
- \_\_\_ Are floors and counters free of debris and dirt?
- \_\_\_ Is the food preparation area sanitary?
- \_\_\_ Is children’s food stored at appropriate temperatures?
- \_\_\_ Are the bathrooms clean and hazard-free?
- \_\_\_ Are washable toys and equipment regularly sanitized?
- \_\_\_ How does the child care environment smell?
- \_\_\_ Can you detect the scent of mold or mildew?
- \_\_\_ Are sleeping mats and bed linens appropriately clean and sanitary?
- \_\_\_ Are family pets accommodated in ways that are sanitary and odor-free?
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## HEALTH AND SAFETY

- \_\_\_ Are all hazardous materials behind safety locks or at heights that make them inaccessible?
- \_\_\_ Do all electrical outlets have appropriate inserts or covers?
- \_\_\_ Are all exits free and clear of barriers or hazards, such as electrical cords?
- \_\_\_ Is all equipment, including bookcases, storage bins, TVs, and appliances, appropriately secured?
- \_\_\_ Is the napping area free of all hazards, such as curtain or blind cords?
- \_\_\_ Are all windows and screens secured appropriately?
- \_\_\_ Are safety gates secured and in place where required?

- \_\_\_ Are all required alarms (for example, smoke and carbon monoxide) in place and in working order?
- \_\_\_ Is there sufficient light?
- \_\_\_ Are all the room and water temperatures appropriate?
- \_\_\_ Are the materials used by children age appropriate, properly maintained, and regularly checked for broken or missing pieces and choking hazards?
- \_\_\_ Is the equipment used for children (for example, cribs, high chairs, car seats) regularly checked for safety or recall information?
- \_\_\_ Is the child care environment free of any environmental hazards, such as lead or secondhand smoke?
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**PREP LIST FOR CHILDREN**

- \_\_\_ Have you talked with the children about visitors to the child care setting—who they are and why they are here?
- \_\_\_ Have you set aside special items or created a “Visit Box” that children can use to occupy themselves during a visit?
- \_\_\_ Have you arranged your space to allow you to fully participate in a visit while still supervising the children in care?
- \_\_\_ Have the children practiced what to do when a visitor arrives?
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