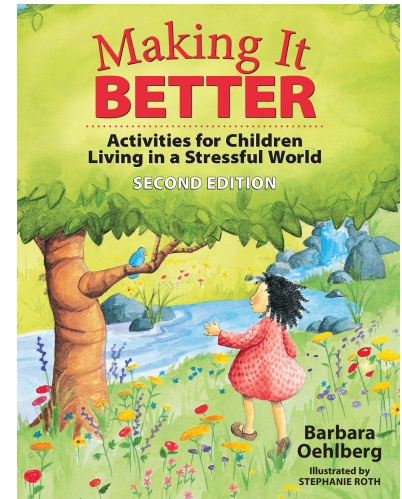


FOR IMMEDIATE RELEASE

Local book helping refugee children in Syria have a brighter future

Saint Paul, Minnesota – June 2, 2014 – Local publisher Redleaf Press was recently contacted by Syria Bright Future Chairman Omar Said Yousef regarding the use of one of their books in training for volunteers assisting in Syrian refugee camps. The book, *Making It Better: Activities for Children Living in a Stressful World*, explains trauma-informed education that recognizes the effects of trauma on children and how to create interactions that support their growth and healing.



The book has been provided along with other resources free of charge to assist in their efforts working with the children and parents in northern Syria. Assisting families that have been displaced from their homes, experienced violence, and witnessed horrible acts, the team is focused on psychological first aid, support groups, stress management, and mental well-being. They have taken on a large task in a region still facing unrest and we are honored to be helping in their efforts, however we can.

The organization is looking for further information on up-to-date methods and resources for working with children facing trauma. Spreading the word about this amazing effort and the children who truly need our help is an important story to tell. [Note: photos and interviews available upon request]

About Syria Bright Future

Syria Bright Future is a humanitarian non-profit organization established by a group of specialists and non-specialists focused on the psychological, social, and developmental fields. The aim is to empower the people of Syria to employ their potentials and abilities to develop themselves and enhance their mental and social well-being. The organization has undertaken several projects including an effort to assist those living in Syrian refugee camps and other internally displaced persons. Find out more at syriabrightfuture.org.

About *Making It Better: Activities for Children Living in a Stressful World*

Children dealing with traumatic stress can have developmental and social issues that effect them for years. *Making It Better* explains trauma-informed education, an approach that recognizes the impact of trauma and applies the latest neurological research and teaching methods, disciplinary policies and interactions to support children. This book responds to the learning and behavioral needs of children who have experienced traumatic events and includes a collection of activities and strategies to help children heal and feel empowered.

About Redleaf Press

Redleaf Press is a leading nonprofit publisher of exceptional resources for early childhood professionals. Established in 1973, Redleaf Press publishes curriculum, management, and business resources for early childhood professionals. Redleaf Press is the publishing division of Think Small, a nationally recognized nonprofit organization specializing in issues related to child care. Learn more at www.RedleafPress.org.

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*Making It Better: Activities for Children
Living in a Stressful World*

Written by Barbara Oehlberg

ISBN 978-1-60554-160-0

Softbound, 200 pgs. • Age focus: 3+ • \$19.95