

Cycle Menus - Summer

Breakfast / Snack					
Summer	Monday	Tuesday	Wednesday	Thursday	Friday
Week One Breakfast	Apple-Cinnamon Stuffed French Toast Milk	Sweet Strawberry Oatmeal Milk	Cinnamon Tortilla Chips Diced Berries Milk	Just Peachy Pancakes Peaches Milk	Golden Granola Bars Oranges Milk
Snack	Carrot Swirl Bites	Fresh Fruit Cone Milk	Veggie Kabobs	Sweet Bagel Chips Milk	Apple-Cinnamon Yogurt Granola
Week Two Breakfast	Vanilla French Toast Bananas Milk	Peachy Keen Muffins Pears Milk	Silver Dollar Griddlecakes Applesauce Milk	Strawberry Sunshine Bread Oranges Milk	Good Morning Granola Peaches Milk
Snack	Black Bean Hummus Corn Chips	Mini Bagel Cucumber Sandwiches	Pita Nachos	American Flag Toast	Crackerwiches

Lunch / Supper					
Summer	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Pizza Sandwich Melon Milk	Apple-Cheddar Ham Salad Cornbread Milk	Mexican Dip Tortilla Chips Pears Milk	Chicken Sandwich Cucumber Watermelon Milk	Pork Lettuce Wraps Breadsticks Grapes Milk
Week Two	California Burger Mixed Berries Milk	Taco Salad Wraps Apple Wedges Milk	Chicken Mozzarella Melt Sandwich Peas Peaches Milk	Honey Mustard Chicken Salad Crackers Mandarin Oranges Milk	Very Veggie Bagel Sandwich String Cheese Grapes Milk
Week Three	Humpty Dumpty Sandwich Celery Sticks Mandarin Oranges Milk	Chicken Pasta Primavera Pineapple Milk	Under the Sea Burgers Green Beans Apples Milk	Southwest Chicken Salad Breadsticks Tropical Fruit Milk	Asian Beef Stir-Fry Brown Rice Melon Milk
Week Four	Summer Veggie Rice Bowl String Cheese Strawberries Milk	Stuffed Zucchini Boats Rolls Oranges Milk	Sesame Chicken Brown Rice Pepper Strips Pineapple Milk	Black Bean Burger Watermelon Milk	Chicken Drumsticks Bread Spinach-Strawberry Salad Milk