

Name _____

Date _____

Instructor _____

Class time _____

Chapter 2: Revitalizing the Environment

Beginning Reflections

Think about your home. Use the following questions to help you reflect on the ways you interact with your personal environment. Record your responses in the space provided.

1. What rooms do you feel most comfortable in?

2. What elements and objects in each room reflect who you are?

3. What elements and objects in each room reflect what you care about?

4. What elements and objects in each room reflect your history?

5. What elements and objects in each room reflect your interests?

6. What are you drawn to because of its beauty?

Name _____

7. What gives you the most pleasure to look at?

8. What gives you the most pleasure to touch?

9. What gives you the most pleasure to listen to?

10. What excites your mind?

11. What makes you curious and eager to learn more?
