



**Redleaf *Quick* Guide**  
**Developmental Milestones**  
**Observational Record**  
 Birth through Twelve Months

Child's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Physical/Motor Development				
Birth to Two Months				
Milestone	Learning	Practicing	Mastery	Notes
Exhibits a rooting reflex	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Reacts to loud noises	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Holds head up	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Makes quick and jerking arm movements	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Brings hands to face	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Moves head from side to side while on stomach	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Focuses on objects eight to twelve inches away	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
<b>Two to Three Months</b>				
Turns head easily to both sides in supine (lying on back) position	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Lifts head off surface from prone (face down) position for one to two seconds	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Follows moving object with eyes	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Responds to loud sounds	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Grasps and holds objects briefly	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Three to Four Months				
Milestone	Learning	Practicing	Mastery	Notes
Brings hands to midline while on back	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Rotates or turns head from side to side with no head bobbing	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Pushes down on legs when feet are placed on a firm surface	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Exhibits the rooting reflex less often or not at all	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Four to Six Months				
Lifts head while in supine position	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Holds chest up in prone position with weight on forearms	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Rolls from stomach to side	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Rolls from stomach to back	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Rolls from back to stomach	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Stands with support	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Brings feet to mouth easily while in supine position	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
<b>Six to Nine Months</b>				
Transfers object from one hand to another	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Uses toes and hands to propel forward or in a circle	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Crawls	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Grasps small items	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Sits without support	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
<b>Nine to Twelve Months</b>				
May stand momentarily without support	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Walks with assistance	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

## Social/Emotional Development

### Birth to One Month

Milestone	Learning	Practicing	Mastery	Notes
Makes demanding cries	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Shows sense of trust	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Shows attachment (responds positively) to significant adults	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Makes eye contact	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

### One to Three Months

Coos	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Smiles at the sound of familiar voices	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Tracks moving persons or objects	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Cries to demand attention	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Smiles at strangers	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
<b>Three to Six Months</b>				
Babbles and laughs to get adult attention	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Responds to smiles with smiling	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Pays close attention to older children and their actions	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Calms self	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Six to Nine Months				
Milestone	Learning	Practicing	Mastery	Notes
Distinguishes voices of important, familiar people	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Can distinguish voice tones and emotions	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Plays games with adults and older children	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Nine to Twelve Months				
Begins to feel anxiety upon separation from familiar adults (separation anxiety)	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to feel anxiety in the presence of strangers (stranger anxiety)	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Plays with others	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Appears angry	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	



Language Development				
One to Two Months				
Milestone	Learning	Practicing	Mastery	Notes
Coos in response to adults' speech	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Two to Four Months				
Makes squealing and gurgling sounds	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Four to Six Months				
Babbles consonant sounds such as "ba-ba-ba-ba" and "da-da-da-da"	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Laughs out loud	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Six to Nine Months				
Babbles sounds such as "goo" and "gaa"	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Experiments with vocalizations to include longer and more varied sounds	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Uses intonations in sounds	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Responds to own name	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Develops receptive-language vocabulary	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
<b>Nine to Twelve Months</b>				
Says at least one word	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Gestures or points to communicate	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Listens to songs, stories, or rhymes with interest	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Imitates sounds	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Cognitive Development				
Birth to Two Months				
Milestone	Learning	Practicing	Mastery	Notes
Shows understanding that crying brings comfort	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Prefers black-and-white or high-contrast patterns	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Two to Four Months				
Explores environment with senses	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Discovers hands and feet are extensions of self	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Responds to own reflection in mirror	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Anticipates events	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Four to Six Months				
Milestone	Learning	Practicing	Mastery	Notes
Shows interest in manipulating toys and objects	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Six to Nine Months				
Investigates objects by banging, shaking, and throwing	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Shows interest in objects with moving parts	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Shows interest in playing games	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Nine to Twelve Months				
Responds to "no"	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Waves bye-bye	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Shows understanding of object permanence (that is, knows objects exist when out of sight)	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Engages in more intentional play	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Intentionally selects toys to play with	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Shows understanding that objects have a purpose	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	