



Redleaf *Quick* Guide
Developmental Milestones
Observational Record
 Three-Year-Olds

Child's Name: _____

Birth Date: _____

Physical/Motor Development

Twenty-Four to Thirty Months

Milestone	Learning	Practicing	Mastery	Notes
Swings arms when walking	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Jumps with both feet	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Rides three-wheeled toys	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Walks on a balance beam or line	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Balances or hops on one foot	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Slides without assistance	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Throws a ball (or another object) overhand	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Bounces a ball and catches it	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Runs consistently without falling	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Builds and stacks with several small blocks	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Pounds pegs with mallet	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Copies and draws simple shapes	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Practices zipping, snapping, fastening, and buttoning	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Can use scissors	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Makes marks or strokes with brushes, pens, pencils, and markers	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Attempts to dress self	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to stay dry while sleeping	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Naps less frequently	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Completes toilet training	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Social/Emotional Development				
Milestone	Learning	Practicing	Mastery	Notes
Shows independence	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Engages in solitary play	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Engages in parallel play	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to engage in associative play	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Plays with familiar peers often	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Plays with unfamiliar peers	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Enjoys playing with adults as well as peers	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Begins to show perspective taking	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Likes praise	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins turn taking	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to share	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to express feelings/emotions in an appropriate manner	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Is happy most of the time	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Enjoys helping with household tasks	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Likes to be silly and make others laugh	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Begins to understand some limits and rules	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to seek adult attention and approval	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Shows fear	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Cries easily	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to understand danger	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Knows own gender and that of others	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Says "I love you" without prompting	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Makes simple choices (between two objects)	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Engages in pretend play	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Language Development				
Speaks when spoken to	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Tells stories without prompting	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Enjoys rhymes and songs	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Likes to learn new words	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Asks questions	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Speaks in three- or four-word sentences (young three-year-olds)	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Uses up to seven words in sentences (older three-year-olds)	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to use correct grammar (syntax)	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Understands the meaning of most preschool words (semantics)	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Uses language socially (pragmatics)	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Enjoys books that have photographs of real things	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Enjoys picture books	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Enjoys singing simple, repetitive songs	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Cognitive Development				
Milestone	Learning	Practicing	Mastery	Notes
Can stay with the same activity for five to ten minutes (increasing concentration)	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Uses toys to symbolize real objects	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Engages in fantasy play	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Uses real objects as props during pretend play	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Puts interlocking puzzles together	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to notice patterns	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Can sort or describe objects by one or more attributes	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Shows an interest in numbers and names of numbers	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Uses words for time such as <i>yesterday</i> and <i>today</i>	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Uses color names appropriately	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Recognizes name in print	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Identifies and names body parts	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Uses positional terms	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	