



Redleaf *Quick* Guide
Developmental Milestones
Observational Record
 One-Year-Olds

Child's Name: _____

Birth Date: _____

Physical/Motor Development				
Twelve to Eighteen Months				
Milestone	Learning	Practicing	Mastery	Notes
Enjoys clapping hands	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Walks with assistance	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to use a spoon	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Walks without assistance	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Crawls up and down stairs	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Stacks two objects	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Pulls off socks and shoes	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Likes to push, pull, carry, and dump things	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Scribbles without control	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Eighteen to Twenty-Four Months				
Walks up and down stairs with help	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Walks on uneven surfaces with help	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Stands on one foot with help	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Runs reasonably well	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Rolls wheeled toys such as trains, cars, and trucks with ease	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Throws a ball	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Can feed self	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to dress self	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
May begin toilet training	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Social/Emotional Development

Twelve to Eighteen Months

Milestone	Learning	Practicing	Mastery	Notes
Shows signs of attachment to parents or other family members	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Engages predominantly in parallel play with peers	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to imitate older siblings or peers	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Shows signs of teasing adults	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Eighteen to Twenty-Four Months

Initiates separation from caregivers	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Looks for "home base" or significant adult	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Plays with other toddlers	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Shows sense of trust	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Shows attachment to significant adults	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Shows signs of stress when family members initiate separation	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Language Development

Twelve to Eighteen Months

Uses gestures and actions intentionally	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Intentionally says "mama" and "dada"	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Uses one sound to stand for more than one gesture or object	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Speaks in jargon or nonsense phrases	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Understands many more words than can be expressed	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Eighteen to Twenty-Four Months				
Says "hi," "bye," and "uh-oh"	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Begins to express feelings with words	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Uses two to three word phrases	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Cognitive Development				
Twelve to Eighteen Months				
Tracks a toy that is being moved and can retrieve it if it's in partial view	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Closes doors	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Follows simple commands from adults or older children	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	

Milestone	Learning	Practicing	Mastery	Notes
Turns pages in books	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Eighteen to Twenty-Four Months				
Begins to recognize colors	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Enjoys container play	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	
Recognizes own image in a mirror	Date: _____ Observer: _____	Date: _____ Observer: _____	Date: _____ Observer: _____	