

# Fruit-Kabob Rainbow

#### Words You Can Use

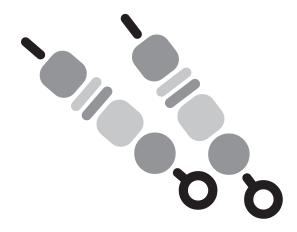
blue, green, kabob, orange, purple, rainbow, red, skewers, yellow

#### What You Need

- fruits of different colors and varieties, such as green and purple grapes, cantaloupe, strawberries, blueberries, and pineapple
- index cards with labeled pictures of the different fruit (cut pictures from grocery-store flyers or print them from a copyright-free Web site)
- wooden skewers (snip off the sharp points with scissors)
- toothpicks
- one small paper plate for each child
- one large paper plate for each small group
- napkins
- serving spoon

### What You Do

- **1.** Prepare ahead by washing the fruits and cutting them into bite-sized pieces.
- **2.** Put an equal amount of the different fruits on a large paper plate. Make one plate for each small group.
- **3.** Separate the children into small groups.
- **4.** Ask the children to examine their plates of assorted fruits and to discuss with their group how they might sort, or classify, the



fruits. Encourage all answers, and have children explain why they would use the sorting methods they suggest.

- **5.** Ask the children to name the fruits. Help them by referring to the pictures on the index cards, if necessary.
- **6.** Explain that for this experiment, they will sort the fruits by color.
- 7. Now give each child a toothpick and have the children take turns moving the fruits around on their group's large paper plate to sort the fruit into color groups. Encourage them to use the color words while they sort and refer to the cards, if needed. Tell the children that they should not touch the fruit with their fingers because later they will be eating the fruit.
- **8.** Then ask each child to take a small plate and put one fruit of each color on it. Show the children the wooden skewers and model for them how to use them safely, by not pointing them at anyone or at their own face and eyes.

- **9.** Model how to put one piece of fruit at a time on a skewer, always holding on to the opposite end.
- **10.** Now give the children their own skewers and guide them in putting their fruits on their skewers.
- **11.** When everyone has finished, discuss the colors again. Using the index cards, review the names of the fruits again.
- **12.** Invite the children to remove the fruit from the skewers and eat it. **Caution**: To prevent children from poking their faces or eyes with the skewers, do not let them eat the fruit directly off the skewers.

## Questions You Can Ask

- What are the different colors on our Fruit-Kabob Rainbows?
- What is your favorite color?
- What fruits taste best together?
- What type of fruit tastes best to you?