## **CONTENTS**

Introduction 1

## PART ONE: Understanding and Responding to Psychological Disorders in Young Children

| Chap     | oter | 1: | Factors  | in | the [         | Deve | lo | pn | nent | of | Me | ental    | Heal | th in | Children | 9 |
|----------|------|----|----------|----|---------------|------|----|----|------|----|----|----------|------|-------|----------|---|
| $\sim$ 1 |      | _  | $\sim$ 1 |    | <b>~</b> 1 ·1 |      |    | _  |      |    | •  | <u> </u> |      |       |          |   |

Chapter 2: Observing Children's Behavior for Signs and Symptoms of Mental Illness 19

Chapter 3: Classroom and Child Care Setting Strategies 33

Chapter 4: Partnering with Families 49

## PART TWO: Descriptions and Diagnostic Criteria for Common Psychological Disorders

Introduction 59

| Cl | hapter | 5: | Attac | hment | Distur | bances | 61 |
|----|--------|----|-------|-------|--------|--------|----|
|    |        |    |       |       |        |        |    |

Chapter 6: Regulatory Disorders 73

Chapter 7: Anxiety Disorders 87

Chapter 8: Mood Disorders 103

Chapter 9: Attention-Deficit and Disruptive-Behavior Disorders 115

Chapter 10: Pervasive Developmental Disorders 127

Chapter 11: Sleeping, Eating, and Elimination Disorders 135

Chapter 12: Childhood-Onset Schizophrenia 149

Appendix A: Social/Emotional Developmental Continuum 154

Appendix B: Common Social/Emotional Screening Tools for Young Children 160

Appendix C: Common Medications Prescribed for Children to Reduce

Psychiatric Symptoms 162

Appendix D: Additional Resources for Families and Early Childhood
Professionals 166

Bibliography 174

Index **179**